

Did You Know

In 95% of emergencies, bystanders or victims themselves are the first to provide emergency assistance or to perform a rescue.

In the aftermath of a large disaster, it may take up to 72 hours for assistance to reach your community.

Experience proves that basic training in emergency preparedness and disaster survival improves the ability of residents to survive until assistance arrives.

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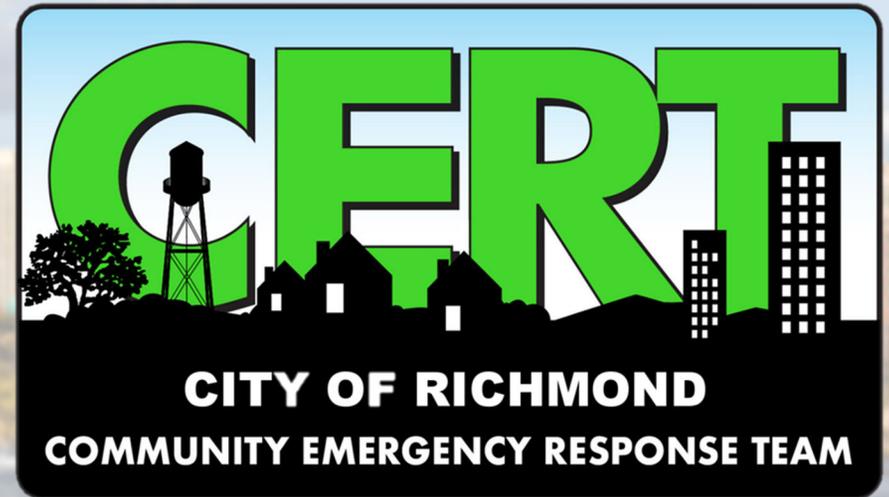
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Be the Help Until Help Arrives



City of Richmond Office of Emergency Management

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WHAT IS CERT?

The Community Emergency Response Team (CERT) program educates volunteers about disaster preparedness for the hazards that may impact their area and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations.



CERT TRAINING WILL PREPARE YOU TO:

- Understand hazards that can affect your community
- Identify and reduce fire hazards in your home
- Assess and triage victims
- Perform first aid techniques, such as opening airways and controlling bleeding
- Safely perform debris removal and victim extrication
- Build an emergency preparedness kit for your home
- Make an emergency plan for your family
- Advocate for emergency preparedness
- Assist emergency management operations in your community following a disaster

COURSE OVERVIEW

Unit 1: Disaster Preparedness Introduction to disasters and their impacts

Unit 2: Fire Safety Identifying and reducing fire hazards and performing basic fire suppression

Unit 3: Disaster Medical Operations I Principles of triage and treatment for life-threatening conditions

Unit 4: Disaster Medical Operations II Patient assessment and treatment of injuries

Unit 5: Light Search and Rescue Techniques for searching, lifting and removing victims

Unit 6: CERT Organization Decision-making, team structure and documentation

Unit 7: Disaster Psychology Effectively dealing with psychological impacts of disasters

Unit 8: Terrorism Overview of potential terrorist weapons, tactics, and targets

Unit 9: Disaster Simulation
Exercise based in your community to apply acquired skills.

The training consists of 20 hours of classroom and hands-on instruction provided by professionals from Richmond Fire and Police Departments and the Office of Emergency Management.

